

Green Travel & Nature

Simple ways to enjoy the outdoors, choose greener journeys, and help local wildlife thrive.



Greener Ways to Get Around

- Walk or wheel short trips to cut emissions and boost wellbeing.
- Swap one weekly car journey for walking, cycling or the bus.
- Choose quieter, "no-rush" routes through parks and paths.
- Share lifts when you can to reduce traffic and fuel use.



Nature on Your Doorstep

- Plant bee-friendly flowers like lavender, heather and wildflowers.
- Build a mini-habitat: bug hotel, log pile or shallow water dish.
- Leave a small patch of grass to grow wild for insects.
- Offer safe bird food and fresh water all year round.



Make Active Travel Easier

- Keep a grab-and-go bag with waterproofs, snacks and basics.
- Use local paths and cycle routes for safer, calmer journeys.
- Do quick bike checks: tyres, brakes, lights.
- Practise school or work routes at the weekend.



Protect Local Nature

- Take litter home, even tiny bits like bottle tops or string.
- Stick to paths to protect plants and reduce erosion.
- Look closely, then leave nature where it is.
- Join local litter-picks or planting days to support your community.

♥ The Difference It Makes ♥
Cleaner air - Healthier Habitats - Lower Carbon Emissions - More Outdoor Time